



**Peaches**  
Product of USA

**SUPER DEAL!**

**\$1.69**  
/lb

**Green or Red Leaf Lettuce**  
Product of Canada

**\$1.49**  
/ea

**Large Pomegranates**  
Product of Peru

**\$3.99**  
/ea

**Cauliflower**  
Product of Canada

**\$2.99**  
/ea

**Lychee**  
Product of China

**\$2.99**  
/lb

**Ataulfo Mangoes**  
Product of Mexico

**\$1.29**  
/ea

**Cluster Tomatoes**  
Product of USA

**\$1.49**  
/lb

**Green Onions**  
Product of Canada

**89¢**  
/ea

**Bunched Radishes**  
Product of Canada

**99¢**  
/ea

**Nappa**  
Product of USA

**99¢**  
/lb

**Canadian Strawberries**  
Product of Canada

**\$2.99**  
/1L basket

**CHECK IT OUT!**  
MAKE IT TONIGHT!  
RECIPE BELOW  
ProduceDepot.ca

**WHAT'S FOR DINNER?**



Enjoy the recipe online!

**Strawberry Delight**

**Ingredients**

- 3 cups fresh raspberries or strawberries
- 1 cup of low fat vanilla yogurt
- 2 ounces of melted dark chocolate

**Instructions**

Rinse and hull strawberries or rinse raspberries under cold running water gently. Drain well. In a glass bowl, fold together yogurt and berries. Melt chocolate in a double boiler on medium heat. Place berries and yogurt in individual bowls and drizzle with melted chocolate. For a more formal presentation you may want to pour a pool of yogurt on a plate and place berries on top of pool. Drizzle chocolate over berries. Serves 2.



*Fresher than Fresh*  
**BUTCHER**

Our butcher shop stands as the cornerstone of quality and care. Our expert butchers hand-select the finest cuts of meat, ensuring each piece meets the highest standards of freshness and flavour.



**SPECIALS IN EFFECT JUL 2 – JUL 7, 2026**

We reserve the right to limit quantities. Products not exactly as shown. While quantities last.

**BANK ST. LOCATION:** 2446 Bank & Hunt Club | 613.521.9653  
MON TO FRI: 8AM – 8PM SAT: 8AM – 7PM SUN: 8AM – 6PM

**CARLING LOCATION:** 1855 Carling @ Maitland | 613.722.6106  
MON TO SAT: 8AM – 7PM SUN: 8AM – 6PM



## BUTCHER

New York  
Striploin Steaks



**\$14.99**  
/lb  
\$33.05/kg



**\$7.99**  
/lb  
\$17.61/kg

Boneless Skinless  
Chicken Breast

Boneless Pork  
Loin Chops



**\$32.99**  
/lb  
\$72.25/kg

## SEAFOOD

Fresh Ontario  
Rainbow Trout Fillets



**\$13.99**  
/lb  
\$30.84/kg



**\$16.99**  
/lb  
\$37.46/kg

Wild Caught  
Tuna Loin

Jumbo Sea Scallops



**\$34.99**  
/lb  
\$77.13/kg

## DELI



St. Albert Mild Marble  
Cheddar Cheese

**\$2.49**  
/100g



Mon Pere Double Creme  
Brie Cheese  
Product of France

**\$2.79**  
/100g



Smoked Meat  
or Roast Beef

**\$2.49**  
/100g

## GROCERY



Betty Hotdog  
or Hamburger Buns  
Selected Varieties

**\$3.49**  
/6 or 8



Black Diamond Natural  
Cheese Slices  
Selected Varieties

**\$4.99**  
/220-260g



Naturegg Omega 3  
White or Brown Eggs

**\$4.99**  
/dozen



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