



Ataulfo Mangoes

Product of Mexico

SUPER DEAL!

99¢
/ea



Kale

Product of USA

\$1.49
/ea



Black Angeleno Plums

Product of Chile

\$2.99
/lb



Celery Root

Product of Canada

99¢
/lb



Murcott Mandarins

Product of Egypt

\$1.79
/lb



Cortland Apples

Product of Canada

99¢
/lb



Bartlett Pears

Product of Argentina

\$1.79
/lb



English Cucumbers

Product of Canada

\$1.29
/ea



White, Red or Yellow Potatoes

Product of Canada

\$2.99
/5 lb bag



Brussel Sprouts

Product of Mexico/USA

\$2.69
/lb



Green Onions

Product of Mexico

99¢
/ea



WHAT'S FOR DINNER?



Enjoy the recipe online!

Pineapple Chicken

Ingredients

- 1 tsp dried rosemary, *crushed*
- Sea salt and freshly ground black pepper
- 3 to 4 pounds chicken parts (split breasts, drumsticks, thighs)
- 14 green onions, *thinly sliced*
- 1 cup pineapple juice
- 2 tsp fresh ginger, *grated*
- 4 slices fresh pineapple, *halved*

Instructions

Combine the sea salt, pepper, and rosemary, rub the chicken parts thoroughly. Place the chicken in a shallow baking pan and sprinkle with the chopped green onions. Mix the pineapple juice and ginger and pour over the chicken. Bake, uncovered at 375 F in the oven for about 45 to 55 minutes, or until chicken is done. Baste with juices several times. About 10 to 15 minutes before the chicken is done, arrange the pineapple slices on chicken pieces, return to oven for 10 minutes. Makes 4 to 6 servings.



Fresher than Fresh
BUTCHER

Our butcher shop stands as the cornerstone of quality and care. Our expert butchers hand-select the finest cuts of meat, ensuring each piece meets the highest standards of freshness and flavour.



SPECIALS IN EFFECT APR 22 – APR 28, 2026

We reserve the right to limit quantities. Products not exactly as shown. While quantities last.

BANK ST. LOCATION: 2446 Bank & Hunt Club | 613.521.9653
MON TO FRI: 8AM – 8PM SAT: 8AM – 7PM SUN: 8AM – 6PM

CARLING LOCATION: 1855 Carling @ Maitland | 613.722.6106
MON TO SAT: 8AM – 7PM SUN: 8AM – 6PM



BUTCHER

Top Sirloin
Grilling Steak

\$11.99
/lb
\$26.43/kg



MADE
FRESH
IN-STORE



\$4.99
/lb
\$11.00/kg

Italian Style
Sausage

Chicken Thighs
Backs Removed

CHECK IT OUT!
MAKE IT
TONIGHT!
RECIPE ON
FRONT PAGE
producedepot.ca

\$3.49
/lb
\$7.69/kg



SEAFOOD

Fresh Cajun
Catfish Fillets

\$13.99
/lb
\$30.84/kg



\$9.99
/lb
\$22.02/kg

Fresh Wild Caught
BC Snapper Fillets

Bay Scallops

\$9.99
/lb
\$22.02/kg



PREVIOUSLY
FROZEN

DELI



St. Albert Mild Marble
Cheddar Cheese

\$2.49
/100g



San Daniele
Mortadella

Regular, Light or Hot

\$1.99
/100g



Castello Double Creme
Brie Cheese

\$2.59
/100g

GROCERY



Betty Bread
White or Whole Wheat

\$2.99
/675g



Black Diamond
Cheese Bars

Assorted Varieties

\$6.99
/400g



Lactantia
5% or 10% Cream

\$4.99
/L

