





## BUTCHER

Boneless Skinless  
Chicken Breast



**\$6.99**

/lb  
\$15.41/kg



**\$8.99**

/lb  
\$19.82/kg

Gourmet King Steak

Fresh Medium  
Ground Beef



**\$5.99**

/lb  
\$13.21/kg

## SEAFOOD

Fresh Steelhead  
Trout Fillets



**\$12.99**

/lb  
\$28.64/kg



**\$5.99**

/lb  
\$13.21/kg

Basa Fillets

Wild Caught  
Argentinean  
Shrimp Pieces



**\$13.99**

/lb  
\$30.84/kg

## DELI



Fromalp  
Fondué Cheese

**\$9.99**

/400g

Assorted  
Piller's Salamis

**\$2.69**

/100g



Smoked Applewood  
Flavoured Cheddar  
Cheese

**\$4.29**

/100g

## GROCERY



Villaggio  
Bread  
Assorted Varieties

**\$3.49**

/550-675g



Black Diamond  
Processed Cheese Slices  
Assorted Varieties

**\$3.99**

/410g



Covered Bridge  
Chips  
Assorted Varieties

**\$3.29**

/142-170g



**SPECIALS IN EFFECT FEB 11 – FEB 17, 2026**

We reserve the right to limit quantities. Products not exactly as shown. While quantities last.

BANK ST. LOCATION: 2446 Bank & Hunt Club | 613.521.9653

MON TO FRI: 8AM – 8PM SAT: 8AM – 7PM SUN: 8AM – 6PM FAMILY DAY: 10AM – 6PM

CARLING LOCATION: 1855 Carling @ Maitland | 613.722.6106

MON TO SAT: 8AM – 7PM SUN: 8AM – 6PM FAMILY DAY: 10AM – 6PM