



Black Figs

Product of Peru

SUPER DEAL!

\$10⁹⁹
/tray



Hothouse Tomatoes

Product of Canada

\$2⁹⁹
/lb



BUTCHER

Boneless Skinless
Chicken Breast

**\$6⁹⁹**
/lb
\$15.41/kg



**\$8⁹⁹**
/lb
\$19.82/kg

Gourmet King Steak

Fresh Medium
Ground Beef

**\$5⁹⁹**
/lb
\$13.21/kg



SEAFOOD

Fresh Steelhead
Trout Fillets

**\$12⁹⁹**
/lb
\$28.64/kg



\$5⁹⁹
/lb
\$13.21/kg

Basa Fillets

Wild Caught
Argentinean
Shrimp Pieces

\$13⁹⁹
/lb
\$30.84/kg



DELI



Fromalp
Fondue Cheese

\$9⁹⁹
/400g



Assorted
Piller's Salamis

\$2⁶⁹
/100g



Smoked Applewood
Flavoured Cheddar
Cheese

\$4²⁹
/100g

GROCERY



Villaggio
Bread
Assorted Varieties

\$3⁴⁹
/550-675g



Black Diamond
Processed Cheese Slices
Assorted Varieties

\$3⁹⁹
/410g



Covered Bridge
Chips
Assorted Varieties

\$3²⁹
/142-170g



SPECIALS IN EFFECT FEB 11 – FEB 17, 2026

We reserve the right to limit quantities. Products not exactly as shown. While quantities last.

BANK ST. LOCATION: 2446 Bank & Hunt Club | 613.521.9653
MON TO FRI: 8AM – 8PM SAT: 8AM – 7PM SUN: 8AM – 6PM **FAMILY DAY:** 10AM – 6PM

CARLING LOCATION: 1855 Carling @ Maitland | 613.722.6106
MON TO SAT: 8AM – 7PM SUN: 8AM – 6PM **FAMILY DAY:** 10AM – 6PM