



PRODUCE DEPOT

FRESHER
than **FRESH**



1 lb
Strawberries

Product of USA

SUPER DEAL!

\$2.49
/ea



Nappa

Product of USA

89¢
/lb



Kale

Product of USA

\$1.49

/ea



Roma Tomatoes

Product of Mexico

\$1.79

/lb



White Mushrooms

Product of Canada

\$2.99

/lb



Cauliflower

Product of USA

\$2.49

/ea



Vanilla Persimmons

Product of Spain

\$1.29
/ea



Green Peppers

Product of USA

\$1.79

/lb



Cortland Apples

Product of Canada

99¢

/lb



Cantaloupes

Product of Guatemala

\$2.49

/ea



Peaches

Product of Chile

\$3.79

/lb



WHAT'S FOR DINNER?

Roasted Peaches

Ingredients

4 to 6 ripe peaches (about 1 1/2 pounds)
2 tsp freshly squeezed lemon juice
1 tbsp brown sugar or 2 tbsp maple syrup



Enjoy the
recipe online!

Instructions

Preheat oven to 425 F. Dip the peaches in boiling water for 30 to 60 seconds and rub off the peel. Cut the peaches in half and remove the pit. Toss the peach halves with lemon juice in a large bowl; add brown sugar or maple syrup and toss once again. Arrange halves cut-side up in a baking dish. Roast until the peaches are tender, 20 to 25 minutes. If the juices in the pan begin to burn, add a little water and cover the pan loosely with foil. Serve peaches with vanilla yogurt or some slices of your favourite cheese. Serves 4 to 6.

OUR COMMUNITY *Matters*

"We are locally owned and operated, and are doing our very best, every day, to provide the highest quality possible at a reasonable price."

David Barstead

**Owner/Operator of Produce Depot
Carling location**



Visit online!



SPECIALS IN EFFECT JAN 7 – JAN 13, 2026

We reserve the right to limit quantities. Products not exactly as shown. While quantities last.

BANK ST. LOCATION: 2446 Bank & Hunt Club | 613.521.9653

MON TO FRI: 8AM – 8PM SAT: 8AM – 7PM SUN: 8AM – 6PM

CARLING LOCATION: 1855 Carling @ Maitland | 613.722.6106

MON TO SAT: 8AM – 7PM SUN: 8AM – 6PM



BUTCHER

Boneless Skinless
Chicken Breast



\$7.49

/lb
\$16.51/kg



\$4.49

/lb
\$9.90/kg

Pork Belly Pieces

Pepper Steaks



\$7.99

/lb
\$17.61/kg



SEAFOOD

Fresh Wild Caught
Sole Fillets



\$10.99

/lb
\$24.23/kg



\$9.99

/lb
\$22.02/kg

Fresh Tilapia Fillets

Wild Caught
Argentinean
Shrimp Pieces

\$12.99

/lb
\$28.64/kg



PREVIOUSLY
FROZEN

DELI



St. Albert Mild Marble
Cheddar Cheese

\$2.39

/100g



Maple Lodge Cooked
Chicken Breast

Assorted Varieties

\$1.99

/100g



Lester's
All Beef Salami

\$2.29

/100g



Betty
Super Moist Bread

\$2.99

White or Whole Wheat



Dempster's
English Muffins

White or Whole Wheat

\$2.79

/6 pack



Black Diamond
Cheese Shreds

Assorted Varieties

\$5.99



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