



English Cucumbers
Product of Canada

SUPER DEAL!

99¢
/ea

Red Sweet Peppers
Product of Canada



\$1.99
/lb

Cauliflower
Product of USA

\$2.49
/ea

Valencia Oranges
Product of Egypt

99¢
/lb



\$2.99
/lb

Peaches
Product of USA

Coriander
Product of Canada



\$1.49
/bunch

Roma Tomatoes
Product of Mexico

\$1.29
/lb

Bunched Spinach
Product of Canada



\$1.79
/ea

Cortland Apples
Product of Canada



99¢
/lb



Honeydew
Product of Mexico

\$3.99
/ea

Large Cherries
Product of USA

\$5.99
/lb



WHAT'S FOR DINNER?



Enjoy the
recipe online!

Fresh Cherry Salsa

Ingredients

- 1 cup of pitted fresh sweet cherries
- 2 tbsp of fresh basil, *chopped*
- 2 tbsp of green peppers, *finely chopped*
- 1 tsp of lemon juice, *freshly squeezed*
- ¼ tsp of Worcestershire sauce
- ¼ tsp of lemon peel, *grated*
- ½ tsp of sea salt
- dash of bottled hot pepper sauce

Instructions

- Chop cherries manually or in a food processor. Combine all ingredients; mix well. Refrigerate for at least 1 hour. Makes 2 servings.
- This salsa goes well with pork, chicken and turkey. Great on top of leftover turkey or meat sandwiches.

OUR COMMUNITY *Matters*

“We are locally owned and operated, and are doing our very best, every day, to provide the highest quality possible at a reasonable price.”

David Barstead
Owner/Operator of Produce Depot
Carling Location



Visit online!



SPECIALS IN EFFECT JUN 18 – JUN 24, 2025
We reserve the right to limit quantities. Products not exactly as shown. While quantities last.

BANK ST. LOCATION: 2446 Bank & Hunt Club | 613.521.9653
MON TO FRI: 8AM – 8PM SAT: 8AM – 7PM SUN: 8AM – 6PM
CARLING LOCATION: 1855 Carling @ Maitland | 613.722.6106
MON TO SAT: 8AM – 7PM SUN: 8AM – 6PM



BUTCHER

New York
Striploin Steaks



Fresh Pork
Tenderloin

Fresh Pork Belly
by the Piece



SEAFOOD

Fresh Wild Caught
Sole Fillets



Jumbo
Sea Scallops

Basa Fillets



DELI



Brandt
Black Forest Ham

\$1.89
/100g



Landana Assorted
Gouda Cheeses

\$2.59
/100g



Austrian
Plain or Smoked
Emmentaler Cheese

\$2.49
/100g

GROCERY



Villaggio Bread
Assorted Varieties

\$3.49
/600g



Black Diamond
Processed Cheese Slices
Assorted Varieties

\$3.99
/410g



Frank's
Red Hot Sauces
Assorted Varieties

\$3.99
/355mL



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