



FRESHER  
than FRESH

SIGN UP to WIN \$100

Sign up for our eFlyer to be entered in our weekly draw for a \$100 Produce Depot gift card! Details at [producedepot.ca](http://producedepot.ca)



WE ARE OPEN FAMILY DAY! FEBRUARY 20<sup>TH</sup> FROM 10:00AM-6:00PM



**\$2<sup>49</sup>**  
/Lb

Clementines  
Product of Spain



**\$1<sup>49</sup>**  
/Lb

Nectarines  
Product of Chile



1Lb Strawberries  
Product of USA

**\$3<sup>49</sup>**  
/ea

CHECK IT OUT!  
MAKE IT TONIGHT!  
RECIPE BELOW  
[producedepot.ca](http://producedepot.ca)



**\$1<sup>79</sup>**  
/Lb

Brussel Sprouts  
Product of Mexico



**\$1<sup>79</sup>**  
/Lb

Hot House Tomatoes  
Product of Canada



**\$1<sup>49</sup>**  
/ea

Romaine Lettuce  
Product of USA



**SUPER DEAL!**

**99¢**  
/Lb

Zucchini  
Product of Mexico

## BUTCHER & SEAFOOD



Pepper Steak

**\$4<sup>99</sup>**  
/Lb  
11.00/kg



**\$3<sup>99</sup>**  
/Lb  
8.80/kg

Tenderized Breaded Pork Loin Schnitzel



**\$7<sup>99</sup>**  
/Lb  
17.61/kg

Wild Caught Ocean Perch Fillets



EZ Peel Argentinian Shrimp

**\$14<sup>99</sup>**  
/Lb  
33.03/kg

SIZE 16-20

## GROCERY & DELI



Brandt Black Forest Ham

**\$1<sup>69</sup>**  
/100g



Castello Double Crème Brie Cheese

**\$2<sup>19</sup>**  
/100g



Villaggio Bread  
Selected Varieties

**\$3<sup>49</sup>**  
675g



Black Diamond Cheese Slices  
Selected Varieties

**\$4<sup>49</sup>**  
220-240g

## WHAT'S FOR DINNER?



Enjoy the recipe online!

### Strawberry & Spinach Salad

#### Ingredients

- 1 tsp toasted sesame seeds
- 6 to 7 cups fresh spinach leaves, washed well and torn
- 3 cups fresh strawberries, rinsed, dried, hulled

#### Dressing

- 1/4 cup of extra virgin olive oil
- 3 tbsp apple cider vinegar
- 2 tbsp pure maple syrup
- 2 tbsp finely chopped red onion
- 1/2 garlic clove, minced
- Sea salt and freshly ground black pepper to taste

#### Instructions

In a large bowl, toss spinach with sesame seeds. Prepare strawberries, cutting large ones in half. Add strawberries to salad. Cover and refrigerate. Combine dressing ingredients in a screw-top jar or shaker; shake well then refrigerate to chill. Pour chilled dressing over strawberry and spinach salad mixture in bowl and toss gently to distribute well. Makes 4 servings.



**SPECIALS IN EFFECT FEB. 15 - FEB. 21, 2023**

We reserve the right to limit quantities. Products not exactly as shown. While quantities last.

**BANK ST. LOCATION:** 2446 Bank & Hunt Club | 613.521.9653  
MON: 10AM-6PM TUES TO FRI: 8AM-8PM SAT: 8AM-7PM SUN: 8AM-6PM  
**CARLING LOCATION:** 1855 Carling @ Maitland | 613.722.6106  
MON: 10AM-6PM TUES TO SAT: 8AM-7PM SUN: 8AM-6PM