

FRESHER than FRESH





BUTCHER & Seafood





GROCERY & Deli



Jarlsberg Cheese



\$499



Wally Parr Pepperettes



Dempster's Bagels

2/\$5

WHAT'S FOR DINNER?

Spinach Pesto Pasta

Ingredients

4 cups of fresh spinach leaves washed, torn and stems removed

- 2 garlic cloves, halved
- 3 Tbsp pine nuts or sesame seeds
- 1/2 Tsp dried leaf basil, crumbled
- 1/4 cup extra virgin olive oil
- 1/3 cup grated Parmesan cheese
- 1/8 Tsp sea salt

Hot, cooked spaghetti or linguine (about 450 grams)

Black pepper to taste

Instructions

Place a few spinach leaves, garlic, pine nuts or sesame seeds. basil and a little oil in blender or food processor container. Cover and puree until leaves begin to look crushed. Continue adding spinach leaves a few at a time with small amounts of oil to blender, using a rubber spatula to help to combine pureed mixture. Add Parmesan cheese and sea salt. Cover and process until spinach pesto mixture is smooth. Meanwhile, cook pasta according to package directions; drain in colander. Serve with the spinach pesto sauce. Serves 4.



Yogurt