

PRODUCE DEPOT

fresher than fresh!

SPECIALS IN EFFECT OCT 18 - 24, 2017



Raspberries

Product of U.S.A.

\$1.99

/170g



Broccoli

Product of Canada

\$1.69

/ea.



Bananas

59¢

/Lb

Product of The Tropics



Zucchini

89¢

/Lb

Product of Canada



Butternut, Buttercup,
Pepper or Spaghetti Squash

69¢

/Lb

Product of Canada



Bunch Spinach

99¢

/ea.

Product of Mexico



McIntosh Apples

99¢

/Lb

Product of Canada



Leeks

99¢

/ea.

Product of Canada

'TIS THE SEASON FOR APPLES

It's time for local apples! Whether you want to indulge in your old favourites or try a new variety, nothing says Canadian autumn is here like a fresh pick of apples. Come into Produce Depot today to see what tasty varieties are available.



CORTLAND

White flesh that is slow to discolor on exposure to air. Good all-around apple, favored for cooking and cider



EMPIRE

Aromatic, creamy white and crisp, the sweet and juicy flesh make it great for eating out of hand or making cider



CRISPIN

Large with cream colored, juicy flesh. Excellent fresh eating variety



HONEYCRISP

A sweet, exceptionally crisp-textured apple that makes for great eating



McINTOSH

White, juicy flesh with a tender skin, this apple is a classic snack



BUTCHER SHOP

PRODUCE DEPOT

fresher than fresh!



Boneless
Pork Loin Chops
or Roast

\$259
/Lb
5.71kg



Fresh Lean
Stewing Beef

\$449
/Lb
9.90/kg



Fresh Medium
Ground Beef

\$299
/Lb
6.59/kg

DELI



San Danielle
Mortadella

Regular, Hot or Light

\$159
/100g



Jarlsberg
Cheese

/100g

\$249
/100g



Jumbo Summer
Sausage Salami

/100g

\$149
/100g

SEAFOOD



Fresh Large
Tilapia Fillets

Product of Costa Rica

\$799
/Lb
17.61/kg



Fresh Premium
Norwegian
Salmon Fillets

Product of Norway

\$1199
/Lb
26.43/kg



Fresh
Wild Caught
Haddock Fillets

Product of Canada

\$599
/Lb
13.21/kg

GROCERY GOODS



Betty White or
Whole Wheat
Bread

\$199
/675g



Oasis Juices

Assorted Varieties

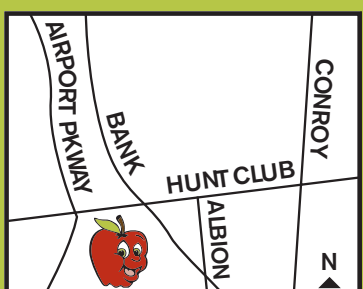
4/\$5
/960mL



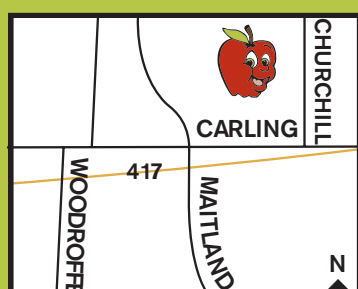
Astro Yogurt

Assorted Varieties

\$399
12x100g



2446 Bank & Hunt Club
613.521.9653



1855 Carling @ Maitland
613.722.6106



DID YOU KNOW?

Tilapia is another fish that is also a good source of Omega-3 fats and is also low in saturated fat. A baked 3oz portion contains only 109 calories and 2.2g of fat, while providing 22g of protein. It is also a source of potassium, calcium and iron.

For facts, recipes and more, visit our website! producedepot.ca

SPECIALS IN EFFECT OCT 18 - 24, 2017

STORE HOURS: MONDAY TO FRIDAY: 8AM-9PM ;SAT: 8AM-7PM ; SUN: 8AM-6PM

We reserve the right to limit quantities. Products not exactly as shown. While quantities last.

facebook.com/producedepot